## The Cheryl Spencer Department of Nursing

Faculty of Social Welfare & Health Sciences
The Cheryl Spencer Department of Nursing

### צ'ריל ספנסר חוג לסיעוד

**Course:** ייעול וחוסן בקהילות בסיכון

**Instructor:** פרופ’ שריל זלוטניק – czlotnick@univ.haifa.ac.il

**Description:**
There are increasingly more studies that show a disease or experience (single or joint) can affect the quality of life (physiological, emotional and social) of a child or adult, or even of a family or community.

In this course, we will discuss the meaning of "being at risk," the conditions and effects in which children and communities are considered to be at risk, the interventions that can help reduce the risk, and the role that we as siblings and siblings can play to reduce the risk and improve the quality of life in the community.

### Course Goals:

1. "Understanding the concept of being at risk"
2. Identification of multiple factors of the individual and the family that affect people at risk.
3. The knowledge of the models that support interventions to reduce risk, such as Bronfenbrenner’s ecological theory and the life pathway model.
4. The ability to integrate existing knowledge to create a program that will help improve the quality of life for a specific group.

### Course Materials:

- Presentation – A description of a group of people at risk according to one of the models (15 minutes)
- Scientific background
- Information from children or people treated by them
- Services and health and welfare and others that have already been established to reduce the risk (15 minutes)
- Presentation of the interventions (pairs) - Published studies after 2014 – One article per student and 10 minutes per article
- What is the situation/problem that needs improvement
- Who is in the sample
- The intervention (including highlighting the strengths and weaknesses of the intervention)

### Course Submission:

- Team report (pairs) - Creation of a program that will help improve the quality of life for a specific group (10 pages, excluding sources) – Last date for submission – 2021
- Scientific background on at-risk population
- Interventions goal
- LOGIC MODEL of the intervention
- The components of the LOGIC MODEL
- Contribution of the intervention

### Course Completion:

- Comprehension and grades of the concept "children or communities at risk"
- Understanding of health and quality of life in the context of risk
- Negative experiences from childhood

### Course Calendar:

- February 27 (Session 1) - Assignments and reading list
- 14:00 – 16:00

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**UNIVERSITY OF HAIFA 199 ABA KHOUSHY AVE. MOUNT CARMEL Haifa 3498838 | 3498838 | 972-4-828-8004**

**E-mail:** dmishor@univ.haifa.ac.il

**Fax:** 972-4-828-8017
**Faculty of Social Welfare & Health Sciences**

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<td>(Seminar 2) • מסקנאות של הפיסות מסלול חיים (Life Course Perspective)</td>
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<td>13 March</td>
<td>(Seminar 3) • כנס על התחדשות האハウנצィי במערך (Resilience)</td>
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<td>12 June</td>
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