

Study abroad program- Semester A - 2012

Clinical Studies in Nursing –Psychiatry- 22.10.12 – 13.12.12

Dalit Wilhelm- The Clinical Academic Unit- Nursing Department, Haifa University

Time: days of study in the hospital wards – Monday, Tuesday, Wednesday

Credits (ECTS): 2

Location:

Tirat Carmel Mental Health Center

Outcomes:

The student:

1. Familiar oneself with the services of mental health in Israel
2. Characterize and understand the activities of the nurse and her role partners in mental health facilities
3. Characterize the mental health diseases
4. Give a rationale for therapeutic interventions which viewing
5. Identify health problems mental - social and physical, and defined ethical dilemmas of psychiatric patients
6. Associate the signs and symptoms, diagnoses, medication and course of mental health disease
7. Contacted psychiatric patients and promote therapeutic relationship despite barriers
8. Aware of personal attitudes and perceptions and their impact on his functioning
9. Demonstrate communication skills and contacting with psychiatric patients while coping with communication barriers
10. Demonstrate a reflective ability to processing his experiences

Subjects:

- Therapeutic contact
- Communication skills
- Stigma
- Short-term Individual Intervention
- Treatment groups
- Family Intervention

- Care professional multi teams
- Emergency psychiatry
- Physical limitation
- ECT
- Hospitalization
- Lack of resources and support
- Family Unit
- Response to treatment
- Integration into the community and back function
- Psychiatry hospitalization status
- Legal and ethical aspects
- Special supervision
- Special examination
- Cultural differences

Methodology:

- Observations - guided and Unstructured observation (Guided – see Instruction in learning activities below)
- Interviews of professionals
- Discussions
- Learning activities
- Reflection
- E-learning
- Learning games
- Learning tasks

Monday 22.10.12	Tuesday 23.10.12	Wednesday 24.10.12	Thursday 25.10.12
Clinic	Clinic	Clinic	Self Study
Monday 29.10.12	Tuesday 30.10.12	Wednesday 31.10.12	Thursday 1.11.12
Clinic	Clinic	Clinic	Clinic
Monday 5.11.12	Tuesday 6.11.12	Wednesday 7.11.12	Thursday 8.11.12
Clinic	Clinic	Clinic	Self Study
Monday 12.11.12	Tuesday 13.11.12	Wednesday 14.11.12	Thursday 15.11.12
Clinic	Clinic	Clinic	Self Study
Monday 19.11.12	Tuesday 20.11.12	Wednesday 21.11.12	Thursday 22.11.12
Clinic	Clinic	Clinic	Self Study
Monday 26.11.12	Tuesday 27.11.12	Wednesday 28.11.12	Thursday 29.11.12
Clinic	Clinic	Clinic	Self Study
Monday 3.12.12	Tuesday 4.12.12	Wednesday 5.12.12	Thursday 6.12.12
Clinic	Clinic	Clinic	Self Study
Monday 10.12.12	Tuesday 11.12.12	Wednesday 12.12.12	Thursday 13.12.12
Clinic	Clinic	Clinic- closing the practice session	Closing University

Evaluation:

Part 1 – evaluation of competences (assessment form) - 40%

The student will participate in therapeutic activities and interventions in psychiatric wards and will practice his communication skills, clinical diagnostics, clinical reasoning caring for psychiatric patients.
The student will perform a number of learning activities

Part 2 – learning tasks – 60%

- Mandatory attendance
- Case study – 30%
- Learning game – 20%
- Reflection – 40%
- Final presentation (group) – 10%

Learning tasks:

1. **case study:** Write a case study on a patient (instruction at the learning activity)

Part 1 - Presentation of patient

- sociodemographic information relevant to a specific case (age, marital status, country of birth, ethnicity, year of migration to Israel, education, profession, occupation ect)
- Other aspects of the patient's world – psychological and social dimensions, perceptions, beliefs.
- Cause of hospitalization
- The purpose of hospitalization
- Other Diseases in the background
- Illness in the family that relevant to the case
- Medical care – rational, Principles of intervention, clinical implications

Part 2 - Analysis of the case

- Describe the problems of the patient that you identified (existing and potential). Use the appropriate
- Related problems in order of importance and Immediacy. Give the rational.
- Explain the intervention in relating to the patient problems.
- Compare the intervention of your patient to the literature and explain the relevant interventions
- Explain the General therapeutic approach

Part 3 - Discussion and personal insights

- Assess the therapeutic intervention for the patient
- Estimate the patient education needs and relate to the therapeutic intervention been given to the patient
- Describe and discuss the therapeutic relationship established with the patient and family and their implication on the patient education intervention
- Describe the ethical dilemmas in caring for the patient
- Explain why they emergence
- Explain the sides of the conflict and clarify what makes it a dilemma
- Describe how you came to a decision about the dilemma and how the nursing staff coop with the ethical dilemma
- What is your personal opinion?

2. **learning game:**

- choose the clinical subjects that will be the basis for the designing the learning game

- Fit aids that can help you demonstrate and illustrate the selected clinical subjects. Think of aids suitable for social activities (cards, pictures, puzzle, video est.)
 - Create the game
 - Play your game with the group of students (you can invite staff members)
 - Ask the group members for feedback, at the end of the game
 - Write a reflection on your game activity
3. **Reflection:** Write a reflective journal of your learning experience. You can select writing guidelines reflection from the reflection examples on the website of the course. You can use several guidelines.
4. **Final presentation (group):**
- Scan all your reports on the services you visited and draw general conclusions.
 - Compare the services you saw in Israel to those you know in Norway.
 - Briefly present the comparison that you made.
 - Briefly present your conclusions and personal impressions.

Learning activities:

Observation: Instruction for guided observation

I. Observation on professional activity

- Choose a professional service worker (nurse, social worker, doctor, etc.) and get their approval to view the various activities they perform.
- View at the performances and note:
 1. What kind of **interactions** they are involved with
 2. What kind of **decision making** they are dealing with
 3. How they are **coping with conflicts**
 4. How they are **cooperating with their collages**

II. Observation on Health Care Environments

- Check the following components environment the service:
 1. **Physical accessibility**
 2. **User-friendliness**
 3. **Hospitality**
 4. **Formality**
 5. **Communication barriers**
 6. **Aesthetic**
 7. **Atmosphere**
- How does these components affect:
 1. **Activities of professionals**
 2. **Service delivery**
 3. **Quality of Service**
 4. **Professional interactions**
 5. **Satisfaction of clients and service recipients**

III. Observation on group activity

- Choose a therapy group and ask for their approval participate in observing
- View the events happening in the group and write your impression
- View the non-verbal communication between the participants and try to assume the critical process in the group
- Describe the atmosphere in the group

- Describe who the participants dominant are how you can see it
- Try to describe what different roles can be seen in the group
- What do you think the connection between the therapeutic goal of the group and what happened to the group
- After completion of the group session discusse with the supervisor of the group and share with him your impression and conclusions
- Compare the words and the words of the group facilitator
- Request the group supervisor to describe his impressions of the group and compare your opinions
- Reflect on your ability to cope with the barriers communication

Self exploration activity

I. Medication

Consult with your mentor and choose 5 patients hospitalized in the department.

Write brief anamnesis of each.

Answer the following questions for each of the patients and compare them:

What medications the patient receives? (over four drugs have 100% appearance of side effects).

What is the goal of the treatment?

What is the medication family of any of the medication?

What is the pharmacological mechanism of each drug?

Is the pharmacological mechanism related to any injury of body system?

What are the usual dose and the maximum therapeutic dose?

What are the ways of administrating the medication and what is the suitable one for the patient?

What are the expected outcome and how long they occur?

What are the significant side effects and which of them reported a patient? And what is reported?

What medications and / or other care measures to treat these side effects which the patient complains?

Are there interactions with other drugs) synergism or antagonism between the drugs (?)

Is taking natural remedies that can influence or example?

Bibliography

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<http://brookdale.jdc.org.il/Uploads/dbsAttachedFiles/EvaluatingMentalHealthReform-Nov07-ENG.pdf>

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