

Name: Shira Oren-Fanti

Military service: 2002-2004

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Curriculum Vitae

Education:

- 2016-2020 Haifa university – Faculty of Social Welfare & Health Sciences
Department of Nursing- Doctor of Philosophy, PhD.
Title of Dissertation: "The Effect of Placebo on Fitness Measurements
in Normal Weight and Overweight Children"
- 2005-2010 Tel-Aviv University- Sackler Faculty of Medicine- Faculty of Life Sciences –
M.Sc.
Title of Master's Thesis: " Inflammatory cytokines and adipocytokines
in the blood of overweight children"
- Clinical and laboratory research under the guidance of Prof.
Elyakim and Prof. Nemet. Completed thesis with
a grade of 97. The article that was published based on the thesis has to date
been presented at two international conferences dealing with child obesity.
- 2005-2006 Meir Medical Center, Kfar Saba, Israel -- Genetic Institute -- Laboratory
research - FISH and genetic analysis under the microscope in patients with
lymphoma
- 2004-2005 Completion of studies for degree in Medical Sciences (MSc) , Tel Aviv
University - final grade: 95
- 1998-2002 Tel-Aviv University -- Sackler Faculty of Medicine – Ziva Tal Nursing
School - Army deferred academic studies -- B.A. in Nursing --
Magna Cum Laude with a grade of 93

Further Studies

2009-2010 : Post-basic course in clinical training, Meir Medical Center-Nursing School- Kfar Saba, Israel

Military Service

2002-2004 Position: professional academic officer
Supervisor of specialist clinic at Beit Lid Regional Clinic .
I was in charge of 10 medics at the clinic's inpatient facility.

During my military service, I took part in an international experiment dealing with the discovery of various types of flu viruses.

I also started a project to promote women's health in the I.D.F. through proactive efforts aimed at prevention and early detection of gynecological diseases.

In addition, I lectured extensively on various health issues.

Professional Experience

Today – Meir Medical center, Child Health sport center, Researcher,
specializing childhood obesity.

2015-2016 - Ruppin Academic Center, Department of Nursing -Clinical
Training Coordinator and Lecturer.

2003-2015 Tessler School of Nursing -- Sanz Medical Center -- Laniado Hospital. Lecturer on the following topics: Pediatric Nursing, routine immunizations, Gastrointestinal Nursing, Neurology (medicine), balance of fluids and electrolytes, Diabetes and Obesity Nursing, nursing the elderly, Microbiology, Immunology, Virology, and Pharmaceutical Mathematics for nurses.

Teaching nursing activities: beginning peripheral intravenous infusion, anti-D immunization.

Coordinator of clinical simulations, including clinical guidance for nurses, writing briefings, scenarios, operating procedures, supervision and training of nursing students

Responsible for proofreading and checking all exams at the school, according to the criteria of the committee for writing government examinations.

Individual and group facilitator for clinical discussions

2002-2004 Sanz Medical Center -- Laniado Hospital -- Neonatal Department and Neonatal Intensive Care Unit-- Registered Nurse

2002-2003 Tessler School of Nursing -- Sanz Medical Center -- Laniado Hospital. Preparation and teaching of MCAT course, Laniado School of Nursing

2000-2002 Sanz Medical Center -- Laniado Hospital -- Intensive Care Department -- nursing student

Public Professional Activities

1. Volunteer lecturer in primary schools at "Emek Hefer" on issues related to health, nutrition and healthy living.
2. I have published 10 articles in the "Voice of Laniado" newsletter.

Academic and Professional Awards

2004 Certificate of Excellence from the I.D.F. Logistics Division for my overall contribution to the system.

- 2001 "Dr. Sheba Award", which is granted once every four years to an outstanding student.
- 2002 Tel Aviv University's Award of Excellence.
- 2010 Tel Aviv University's Award of Excellence.

Scientific Publications : Nemet D., Oren S., Pantanowitz M., Eliakim A.: "Effects of multidisciplinary children obesity treatment intervention of Adipocytokines, inflammatory and growth mediators" *Hormones Research in Pediatrics*. 1-4 2013.

Fanti-Oren S, Birenbaum-Carmeli D, Eliakim A, Pantanowitz M, Nemet D: "The effect of placebo on endurance capacity in normal weight children – a randomized trial" *BMC Pediatrics*. 2019

Fanti-Oren S, Birenbaum-Carmeli D, Nemet D, Pantanowitz M, Eliakim A:" Significant effect of information placebo on exercise test results in children with normal weight, overweight and obesity" *ACTA PEDIATRICA*. 2019

Fanti-Oren S, Birenbaum-Carmeli D, Eliakim A, Pantanowitz M, Nemet D: "The placebo effect on aerobic fitness test results is preserved following a multidisciplinary intervention program for treating childhood obesity" *Scand J Med Sci Sports*. 2019.

Fanti-Oren S, Birenbaum-Carmeli D, Nemet D, Pantanowitz M, Eliakim A:" The effect of information placebo on physical activity in overweight and obese children" *Pediatric Exercise Science*.2021

| Date | Name of Conference | Place of Conference | Subject of Lecture/Discussion | Role |
|-------------|--|----------------------------|---|-------------|
| 24.5.18 | Endocrinology | Caesarea Israel | The Effect of Placebo on Fitness measurements in Children | Speaker |
| 10.6.18 | The 5TH Wingate Congress of Sport and Exercise Science "Molecular and Cellular Aspects of Sport and Exercise" | Wingate | The Effect of Placebo on Aerobic Stress Test Results in Normal Weight Children | Speaker |
| 11-14.9.19 | 31 th Pediatric Work Physiology, Children and Exercise conference PWP 2019 | Sweden- Umeå | The effect of placebo on endurance capacity in normal weight children - a randomized trial" | Speaker |