

שנה"ל תשע"ט  
סמסטר ב'  
קורס: 287.4416

המרצה: ד"ר טובה בנד וינטרשטיין  
יום ד' 16:00-14:00  
שעות קבלה: יום ד' 9:00-8:00 (בתיאום מראש)  
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### קורס: היבטים קליניים ברווחה נפשית של זקנים

התמודדות הזקנים עם מציאות משתנה מבליטה את הצורך לשמור על איזון בין הצרכים הפיזיים והנפשיים וגיוס משאבים וכוחות מתאימים. הקורס יעסוק בסוגיות מרכזיות בזיקנה ויבחן את השלכותיהן הקליניות: זוגיות, אינטימיות ומיניות; המשפחה המזדקנת בעידן הפוסט-מודרני; חברות בזיקנה.

#### מטרות הקורס:

1. להקנות תשתית תיאורטית להבנת משמעות העבודה הקלינית בזיקנה סביב נושאים נבחרים
2. לחשוף את הסטודנטים למגוון סוגיות "לא מדוברות" והתמודדות איתם כאנשי מקצוע
3. לדון בדרכים להתמודדות תרפויטית

#### מבנה הקורס:

- היקף הקורס הוא 2 שעות סמסטריאליות
- הקורס יכלול הרצאות עיוניות, דיונים, ומטלות בית

#### דרישות הקורס:

- לקרוא מאמרים רלוונטיים על פי נושא השיעור על מנת לקחת חלק פעיל במהלך הקורס
- הצגת מאמר

#### מרכיבי הציון וההערכה:

- השתתפות בכיתה, והצגת מאמר - 20%
- עבודה מסכמת - 80% (הנחיות לעבודה יימסרו בהמשך)

## נושאים בהם הקורס יעסוק ורשימת מקורות:

### מבוא: מהות הטיפול בזיקנה, הגישה הפנומנולוגית כמסגרת המשגתית

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### זוגיות, אינטימיות ומיניות בזיקנה

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#### זוגיות, אינטימיות ומיניות בזיקנה בהקשר של בריאות ומצבי חולי

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#### דימוי גוף, הפרעות בתפקוד מיני

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#### המשפחה המזדקנת בעידן הפוסט מודרני: זוגיות שנייה בזיקנה

- Davidson, K., & Fennell, G. (2002). New intimate relationships in later life. *Ageing International, 27*(4), 3–10.
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**חברויות בזיקנה**

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**\* ייתכנו שינויים בהתאם למהלך השיעורים וצרכי הסטודנטים**